## January 2023 Dance Daly Ballroom - Orange www.dancedalyballroomoc.com

C	D. 4	Torrell	VAIl	Thomas	F I	C-t
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	9:00am Daly Fitness 4:30pm Kids Class 7:00pm Adv. Technique 7:45pm Prog. Tango	7:00pm Beg. Waltz 7:45pm Int. EC Swing	7:00pm Social Salsa 7:45pm Practice Party!	By appointment only	By appointment only	9:00am Daly Fitness
8	9:00am Daly Fitness 1:30pm RX Dance 4:30pm Kids Class 7:00pm Adv. Technique 7:45pm Prog. Tango	7:00pm Beg. Rumba 7:45pm Int. Foxtrot	Casting Day 11 1:30pm RX Dance 7:00pm Beginner Social Class 7:45pm Open House Party!	By appointment only	By appointment only	9:00am Daly Fitness
15	9:00am Daly Fitness 1:30pm RX Dance 4:30pm Kids Class 7:00pm Adv. Technique 7:45pm Prog. Tango	7:00pm Beg. Viennese Waltz 7:45pm Int. Bolero	Anna Shahbazyan 18 1:30pm RX Dance 7:00pm Social Hustle 7:45pm Practice Party!	By appointment only	By appointment only	No Daly Fitness today!
22	9:00am Daly Fitness 1:30pm RX Dance 4:30pm Kids Class 7:00pm Adv. Technique 7:45pm Prog. Tango	7:00pm Beg. Cha-Cha 7:45pm Int. Waltz	1:30pm RX Dance 17:00pm Social Samba 7:45pm Practice Party!	By appointment only	By appointment only	City Lights Open 28  No Daly Fitness today!
29	30 9:00am Daly Fitness 1:30pm RX Dance 4:30pm Kids Class 7:00pmpm Adv. Technique 7:45pm Prog. Tango	7:00pm Beg. Foxtrot 7:45pm Int. Rumba		Valent	Save the Date! aturday - 2/11/2023 tines Team Match at o lission Viejo studio!	ur

Beg. (beginner) & Social – No dance experience.

Prog. – Progressive classes for all levels. Gives us a chance to build a small routine.

Int. & Adv. – Intermediate level for students comfprtable with basics.

 $\label{lem:decomposition} \mbox{Daly Fitness} - \mbox{Dance exercise class. No dance experience needed. Wear sportswear.}$ 

RX Ballroom Dance – Nonprofit organization for people with neurological condition.

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