



May 2026

Dance Daly Ballroom - Mission Viejo

www.dancedalyballroomoc.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Rhythm Dances: Cha-Cha, Rumba, East Coast Swing, Bolero, Mambo</p> <p>Country/Swing Dances: West Coast Swing, East Coast Swing, Country 2-Step, Nightclub 2-Step, Line Dances</p> <p>Smooth Dances: Waltz, Tango, Foxtrot, Viennese Waltz</p> <p>Latin Club Dances: Salsa, Bachata, Merengue, Cha-Cha, Samba</p> <p>Social Dances: Anything Goes!</p>			<p>Group Classes listed in RED are part of our Competitive Membership for Advanced Students only.</p>		<p>Emerald Ball 1 By appointment only</p>	<p>Emerald Ball 2 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate</p>
3	<p>Rita Algarra 4 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances</p>	<p>Rita Algarra 5 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>6 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate Happy Birthday Sasha!</p>	<p>7 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Margarita Night! 7:00pm Social Salsa 7:45pm Practice Party!</p>	<p>8 By appointment only</p>	<p>9 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate</p>
10	<p>11 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances</p>	<p>12 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>13 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>14 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Latin Club Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>15 By appointment only</p>	<p>16 Studio Closed! Good luck to our Las Vegas Classic competitors!</p>
17	<p>18 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances</p>	<p>19 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>20 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>21 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard 7pm Jack & Jill Social Dance Challenge!</p>	<p>22 By appointment only</p>	<p>23 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate</p>
24	<p>25 Memorial Day 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances</p>	<p>26 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>27 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>28 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Latin Club Night! 7:00pm Beginner 7:45pm Intermediate</p>	<p>29 By appointment only</p>	<p>30 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate</p>
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Dance Daly Ballroom – MV

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Important Information:

Monday & Tuesday, 5/4 & 5/5 – Private Lesson Coaching with Rita Algarra

Saturday, 5/16 – Las Vegas Classic! Good luck competitors!

Thursday, 5/21 – Jack & Jill Social Dance Challenge! Sign up in-studio!

Saturday, 6/27 – Summer Team Match at Sway Ballroom!