



January 2023



Dance Daly Ballroom - Mission Viejo

www.dancedalyballroomoc.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Happy New Year!	2 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Beg. Salsa	3 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Hustle 7:45pm Prog. Intermediate Waltz	4 9:00am Daly Fitness 5:30pm Teen Class 7:00pm Beg. Cha-Cha 7:45pm Silver Tango	5 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social WC Swing 7:45pm Practice Party!	6 5:30pm Teen Class By appointment only	7 9:00am Daly Fitness 12:00pm Smooth Technique 12:45pm Int. Foxtrot	
8	Jason's Birthday 9 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Int. Cha-Cha	10 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Salsa 7:45pm Prog. Intermediate Waltz	11 9:00am Daly Fitness 5:30pm Teen Class 7:00pm Beg. Foxtrot 7:45pm Silver Rumba	Casting Day 12 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social Bachata 7:45pm Practice Party!	13 5:30pm Teen Class By appointment only	14 9:00am Daly Fitness 12:00pm Beg. Country Two-Step 12:45pm Int. WC Swing	
15	16 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Beg. WC Swing	Anna Shahbazyan 17 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Bachata 7:45pm Prog. Intermediate Waltz	18 9:00am Daly Fitness 5:30pm Teen Class 7:00pm Beg. EC Swing 7:45pm Silver Foxtrot	Anna Shahbazyan 19 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beginner Social Class 7:45pm Open House Party!	20 5:30pm Teen Class By appointment only	21 9:00am Daly Fitness 12:00pm Smooth Technique 12:45pm Int. Tango	
22	23 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Int. Rumba	24 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Nightclub 2-Step 7:45pm Prog. Intermediate Waltz	25 9:00am Daly Fitness 5:30pm Teen Class 7:00pm Beg. Bachata 7:45pm Silver Cha-Cha	City Lights 26 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social Samba 7:45pm Practice Party!	City Lights 27 5:30pm Teen Class By appointment only	City Lights 28 9:00am Daly Fitness 12:00pm Beg. Bachata 12:45pm Int. Cha-Cha	
29	30 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Beg. Nightclub 2-Step	31 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Salsa 7:45pm Prog. Intermediate Waltz	<div style="border: 1px solid black; padding: 5px; background-color: #fce4ec;"> <p>Save the Date! Saturday - 2/11/2023 Valentines Team Match at our Mission Viejo studio!</p> </div>				

Beg. (beginner) & Social – No dance experience.

Prog. – Progressive classes for all levels. Gives us a chance to build a small routine.

Int. & Adv. – Intermediate level for students comfortable with basics.

Daly Fitness – Dance exercise class. No dance experience needed. Wear sportswear.

RX Ballroom Dance – Nonprofit organization for people with neurological condition.

Dance Daly Ballroom – MV

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