



# September 2022

## Dance Daly Ballroom - Mission Viejo

[www.dancedalyballroomoc.com](http://www.dancedalyballroomoc.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Embassy Ball 1 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social EC Swing <b>No Party Tonight!</b>	Embassy Ball 2 <b>By appointment only</b>	Embassy Ball 3 9:00am Daly Fitness 12:00pm Country Two-Step 12:45pm West Coast Swing
Embassy Ball 4	USDC 5 <b>No Daly Fitness Today!</b> 7:00pm Competitors Class 7:45pm Int. Nightclub 2-Step	USDC 6 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Rumba 7:45pm Prog. Silver 1 Cha-Cha	USDC 7 9:00am Daly Fitness 7:00pm Beg. Foxtrot 7:45pm Silver 1 Waltz	USDC 8 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social Bachata 7:45pm <b>Practice Party!</b>	USDC 9 <b>By appointment only</b>	USDC 10 9:00am Daly Fitness 12:00pm Smooth Technique 12:45pm Int. Waltz
11	12 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Int. WC Swing	13 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. EC Swing 7:45pm Prog. Silver 1 Cha-Cha	14 9:00am Daly Fitness 7:00pm Beg. Tango 7:45pm Silver 1 Foxtrot	15 Galaxy 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social Hustle 7:45pm <b>Practice Party!</b>	16 Galaxy <b>By appointment only</b>	17 Galaxy 9:00am Daly Fitness 12:00pm Line Dances 12:45pm Country Two-Step
18	19 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Beg. Country 2-Step	20 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Bolero 7:45pm Prog. Silver 1 Cha-Cha	21 9:00am Daly Fitness 7:00pm Beg. Waltz 7:45pm Silver 1 Tango	22 Hawaii Star Ball 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social West Coast Swing 7:45pm <b>Practice Party!</b>	23 Hawaii Star Ball <b>By appointment only</b>  <b>Happy Birthday Joseph!!</b>	24 Hawaii Star Ball 9:00am Daly Fitness 12:00pm Smooth Technique 12:45pm Int. Foxtrot
25	26 9:00am Daly Fitness 7:00pm Competitors Class 7:45pm Int. Rumba	27 1:30pm RX Dance 4:30pm Kids Class 7:00pm Beg. Bachata 7:45pm Prog. Silver 1 Cha-Cha	28 9:00am Daly Fitness 7:00pm Beg. Quickstep 7:45pm Silver 1 Viennese Waltz	29 1:30pm RX Dance 4:30pm Kids Class 7:00pm Social Salsa 7:45pm <b>Practice Party!</b>	30 <b>By appointment only</b>	Oct 1 <b>Dance Daly Ballroom Mini Match!</b> 

Beg. (beginner) & Social – No dance experience.

Prog. – Progressive classes for all levels. Gives us a chance to build a small routine.

Int. & Adv. – Intermediate level for students comfortable with basics.

Daly Fitness – Dance exercise class. No dance experience needed. Wear sportswear.

**RX Ballroom Dance – Nonprofit organization for people with neurological condition.**

Dance Daly Ballroom – MV

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