



May 2023



Dance Daly Ballroom - Orange

www.dancedalyballroomoc.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Emerald Ball 1 9:00am Daly Fitness 1:30pm RX Dance 4:00pm Kids Class 7:00pm Beginner Nightclub 2-Step 7:45pm Prog. Tango	Emerald Ball 2 7:00pm Using the Standing Leg for <u>Rhythm Dances</u> 7:45pm Int. Cha-Cha	Emerald Ball 3 1:30pm RX Dance 7:00pm Beginner Salsa 7:45pm Practice Party!	Emerald Ball 4 By appointment only	Emerald Ball 5 By appointment only	Emerald Ball 6 9:00am Daly Fitness 12:00pm Beginner West Coast Swing
7	8 9:00am Daly Fitness 1:30pm RX Dance 4:00pm Kids Class 7:00pm Beginner Country 2-Step 7:45pm Prog. Tango	9 7:00pm Rolling through the Feet for <u>Smooth/Standard Dances</u> 7:45pm Int. Foxtrot	Igor Suvorov 10 1:30pm RX Dance 7:00pm Beginner Bachata 7:45pm Practice Party!	11 By appointment only	12 By appointment only	13 No Daly Fitness today! 12:00pm Beginner Nightclub 2-Step
14	HAPPY mother's DAY 15 9:00am Daly Fitness 1:30pm RX Dance 4:00pm Kids Class 7:00pm Beginner WC Swing 7:45pm Prog. Tango	16 7:00pm Foot Precision in <u>Rhythm Dances</u> 7:45pm Int. Rumba	17 1:30pm RX Dance 7:00pm Beginner Hustle 7:45pm Practice Party!	18 By appointment only	19 By appointment only	20 Studio Closed for the weekend! Join us at Las Vegas Classic!
21	22 No Daly Fitness Today! 1:30pm RX Dance 4:00pm Kids Class 7:00pm Line Dances 7:45pm Prog. Tango	23 7:00pm Frame and Posture in <u>Smooth Dances</u> 7:45pm Int. Waltz	24 1:30pm RX Dance 7:00pm Country 2-Step 7:45pm Cowboy Cha-Cha (Partner Line Dance)	25 Studio Outing to The Ranch in Anaheim!	26 By appointment only	27 9:00am Daly Fitness 12:00pm Beginner Cha-Cha
28	29 9:00am Daly Fitness 1:30pm RX Dance 4:00pm Kids Class 7:00pm Beginner Bolero 7:45pm Prog. Tango	30 7:00pm Turns and Spins in <u>Rhythm Dances</u> 7:45pm Int. EC Swing	31 1:30pm RX Dance 7:00pm Beginner Merengue 7:45pm Practice Party!			

Beg. (beginner) & Social – No dance experience.

Prog. – Progressive classes for all levels. Gives us a chance to build a small routine.

Int. & Adv. – Intermediate level for students comfortable with basics.

Daly Fitness – Dance exercise class. No dance experience needed. Wear sportswear.

RX Ballroom Dance – Nonprofit organization for people with neurological condition.

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