



March 2023

Dance Daly Ballroom - Orange

www.dancedalyballroomoc.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 1:30pm RX Dance 7:00pm Social Samba 7:45pm Practice Party! Last Day for Beach Bash Early Bird entries!	2 Vegas Open By appointment only	3 Vegas Open By appointment only	4 Vegas Open No Daly Fitness today!
5 4:30pm West Coast Swing Workshop with Liza	6 1:30pm RX Dance 4:30pm Kids Class 7:00pm Daly Fitness 7:45pm Prog. Salsa	7 7:00pm Frame and Posture for Smooth Dances 7:45pm Int. Waltz	8 1:30pm RX Dance 7:00pm Social Nightclub 2-Step 7:45pm Practice Party!	9 By appointment only	10 By appointment only	11 9:00am Daly Fitness
12 4:30pm West Coast Swing Workshop with Liza	13 1:30pm RX Dance 4:30pm Kids Class 7:00pm Daly Fitness 7:45pm Prog. Salsa	14 7:00pm Foot Pressure for Rhythm Dances 7:45pm Int. Rumba	15 Colin James 1:30pm RX Dance 7:00pm Master Class with Colin James! 7:45pm St. Patty's Practice Party!	16 By appointment only Happy Birthday JohnBoy!	17 By appointment only	18 Royal Ball 9:00am Daly Fitness
19 4:30pm West Coast Swing Workshop with Liza	20 1:30pm RX Dance 4:30pm Kids Class 7:00pm Daly Fitness 7:45pm Prog. Salsa	21 7:00pm Strides and Rise for Smooth Dances 7:45pm Int. Foxtrot	22 1:30pm RX Dance 7:00pm Social Bachata 7:45pm Practice Party!	23 By appointment only	24 By appointment only	25 9:00am Daly Fitness
26 4:30pm West Coast Swing Workshop with Liza	27 1:30pm RX Dance 4:30pm Kids Class 7:00pm Daly Fitness 7:45pm Prog. Salsa	28 7:00pm Using the Standing Leg for Rhythm Dances 7:45pm Int. Cha-Cha	29 1:30pm RX Dance 7:00pm Social Merengue 7:45pm Practice Party!	30 By appointment only	31 By appointment only	

Beg. (beginner) & Social – No dance experience.

Prog. – Progressive classes for all levels. Gives us a chance to build a small routine.

Int. & Adv. – Intermediate level for students comfortable with basics.

Daly Fitness – Dance exercise class. No dance experience needed. Wear sportswear.

RX Ballroom Dance – Nonprofit organization for people with neurological condition.

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