



August 2026

Dance Daly Ballroom - Mission Viejo

www.dancedalyballroomoc.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rhythm Dances: Cha-Cha, Rumba, East Coast Swing, Bolero, Mambo Country & Swing: Line Dances, Country 2-Step, EC Swing, WC Swing, Nightclub 2-Step Smooth Dances: Waltz, Tango, Foxtrot, Viennese Waltz Latin Club Dances: Salsa, Bachata, Merengue, Cha-Cha, Samba Social Dances: Anything Goes!			Group Classes listed in RED are part of our Competitive Membership for Advanced Students only.			San Antonio Classic 1 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate
2	3	4	5	6	7	8
	9:00am Daly Fitness Country & Swing Night! 7:00pm Line Dances 7:45pm Country & Swing Dances Happy Birthday Philip!	9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Latin Club Night! 7:00pm Beginner 7:45pm Intermediate	By appointment only	9:00am Daly Fitness Join us for our first Tea Dance! 12:00 Group Class 12:45pm Tea Dance
9	10	11	12	13	14	15
	9:00am Daly Fitness Country & Swing Night! 7:00pm Line Dances 7:45pm Country & Swing Dances	9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Latin Club Night! 7:00pm Beginner 7:45pm Intermediate	By appointment only	9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate
16	17	18	19	20	21	22
	9:00am Daly Fitness Country & Swing Night! 7:00pm Line Dances 7:45pm Country & Swing Dances	9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Party Night! 7:00pm Social Bachata 7:45pm Practice Party!	By appointment only	9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate
23 & 30	24 & 31	25	26	27	28	29
	9:00am Daly Fitness Country & Swing Night! 7:00pm Line Dances 7:45pm Country & Swing Dances	9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	Markus Homm 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Latin Club Night! 7:00pm Beginner 7:45pm Intermediate	Markus Homm By appointment only	Competitive Rounds! Ask us how to participate with your private lesson instructor!

Dance Daly Ballroom – MV

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Important Information:

Saturday, 8/1st - San Antonio Classic! Good Luck to our Competitors!

Saturday, 8/8th – Join us for our first Tea Dance! Hosted by Alex & Amy!

Thursday & Friday, 8/27th & 8/28th – Private Lesson Coaching with Markus Homm!

Saturday, 8/29th – Sign up with your instructor for our stamina-based Competition Rounds!