



June 2026



Dance Daly Ballroom - Mission Viejo
www.dancedalyballroomoc.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances	2 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	3 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	4 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Latin Club Night! 7:00pm Beginner 7:45pm Intermediate	5 By appointment only	6 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate
7	Ray Rivers 8 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances	9 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	10 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	11 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard 7:00pm Social Cha-Cha 7:45pm Practice Party & Daly Bowl Draft!	12 By appointment only	13 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate
14	15 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances	16 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	17 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	18 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Dance Daly Bowling Night!	19 By appointment only	20 9:00am Daly Fitness Social Dances! 12pm Beginner 12:45pm Intermediate
21	22 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances	23 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	24 9:00am Daly Fitness Smooth Night! 7:00pm Beginner 7:45pm Intermediate	25 9:00am Competitive Int'l Latin 9:45am Competitive Int'l Standard Latin Club Night! 7:00pm Beginner 7:45pm Intermediate	26 By appointment only	27 Team Match @ Sway Ballroom in Laguna Hills!
28	29 9:00am Daly Fitness Country/Swing Night! 7:00pm Line Dances 7:45pm Swing Dances	30 9:00am Competitive American Rhythm 9:45am Competitive American Smooth Rhythm Night! 7:00pm Beginner 7:45pm Intermediate	<div style="border: 1px solid black; padding: 5px;"> <p>Rhythm Dances: Cha-Cha, Rumba, East Coast Swing, Bolero, Mambo Country/Swing Dances: West Coast Swing, East Coast Swing, Country 2-Step, Nightclub 2-Step, Line Dances Smooth Dances: Waltz, Tango, Foxtrot, Viennese Waltz Latin Club Dances: Salsa, Bachata, Merengue, Cha-Cha, Samba Social Dances: Anything Goes!</p> </div>			

Dance Daly Ballroom – MV

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Important Information:

Thursday, 6/11th – Daly Bowl Draft: Sign up to be part of our bowling outing with our instructors!

Thursday, 6/18th – Daly Bowl! Night out for bowling with your friends and instructors!

Saturday, 6/27th – Team Match at Sway Ballroom! Sign up in-studio with your Instructor!

Group Classes listed in RED are part of our Competitive Membership for Advanced Students only.