



January 2026



Dance Daly Ballroom - Mission Viejo

www.dancedalyballroomoc.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Studio Closed for New Year's Day!	2 By appointment only	3 9:00am Daly Fitness 12:00pm Social Waltz 12:45pm Progressive Rumba
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Group Classes listed in RED are part of our Competitive Membership for Advanced Students only.</p> </div>						
4 9:00am Daly Fitness 7:00pm Technique Class 7:45pm East Coast Swing	5 9:00am Daly Fitness 7:00pm Technique Class 7:45pm East Coast Swing	6 9:00am Competitive Int'l Latin 9:45am Competitive American Smooth 7:00pm Beg. Nightclub Two-Step 7:45pm Beg. Hustle	7 9:00am Daly Fitness 7:00pm Beginner Waltz 7:45pm Progressive Foxtrot	8 9:00am Competitive American Rhythm 9:45am Competitive Int'l Standard 7:00pm Pre-Party Cha-Cha 7:45pm Welcome Back Party!	9 By appointment only	10 Bootcamp & Competitive Rounds!
11 9:00am Daly Fitness 7:00pm Technique Class 7:45pm Progressive East Coast Swing	12 Sveta Daly Coaching 9:00am Daly Fitness 7:00pm Technique Class 7:45pm Progressive East Coast Swing	13 9:00am Competitive Int'l Latin 9:45am Competitive American Smooth 7:00pm Beg. West Coast Swing 7:45pm Beg. Country 2-Step	14 9:00am Daly Fitness 7:00pm Beginner Waltz 7:45pm Progressive Foxtrot	15 9:00am Competitive American Rhythm 9:45am Competitive Int'l Standard 7:00pm Social Merengue 7:45pm Beginner Bachata	16 By appointment only	17 No Group Classes today! Good Luck to our Colorado Winter Classic Competitors!
18 9:00am Daly Fitness 7:00pm Technique Class 7:45pm Progressive East Coast Swing	19 9:00am Daly Fitness 7:00pm Technique Class 7:45pm Progressive East Coast Swing	20 9:00am Competitive Int'l Latin 9:45am Competitive American Smooth 7:00pm Beg. Hustle 7:45pm Beg. West Coast Swing	21 9:00am Daly Fitness 7:00pm Beginner Tango 7:45pm Progressive Foxtrot	22 9:00am Competitive American Rhythm 9:45am Competitive Int'l Standard 7:00pm Social Salsa 7:45pm Beginner Cha-Cha	23 By appointment only	24 9:00am Daly Fitness 12:00pm Social Tango 12:45pm Progressive Rumba
25 9:00am Daly Fitness 7:00pm Technique Class 7:45pm Progressive East Coast Swing	26 9:00am Daly Fitness 7:00pm Technique Class 7:45pm Progressive East Coast Swing	27 9:00am Competitive Int'l Latin 9:45am Competitive American Smooth 7:00pm Beg. West Coast Swing 7:45pm Beg. Nightclub Two-Step	28 9:00am Daly Fitness 7:00pm Beginner Tango 7:45pm Progressive Foxtrot	29 9:00am Competitive American Rhythm 9:45am Competitive Int'l Standard 7:00pm Social Bachata 7:45pm Beginner Salsa	30 By appointment only	31 9:00am Daly Fitness 12:00pm Social Foxtrot 12:45pm Progressive Rumba

Dance Daly Ballroom – MV

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Important Information:

Thursday, Jan. 8th – Welcome Back Party! Come join us for our first party of the year!

Saturday, Jan. 10th – Bootcamp and Competitive Rounds to help build stamina for dancers!

Monday, Jan. 12th – Sign up for Private Lesson Coaching with Sveta Daly for post-round feedback!

Saturday, Jan. 17th – Good luck to our Colorado Winter Classic dancers!